

# NOTICE FOR PROMOTION - DECEMBER 2022



Receiving this notice indicates that you are invited to participate, and that you have been recommended by a certified instructor of Manna's Martial Arts for Level/Rank Promotion.

This special event will include: Your belt testing for your new level, presentation, Senior Certifications, Black Belt Presentation and Exhibition from 11:30 AM to Noon.

**IN PERSON TEST SATURDAY Decemeber 10<sup>th</sup>** Highland Ranch Elementary/MP Room  
or **IN PERSON - SEMI PRIVATE** Wednesday DEC. 14<sup>th</sup> from your home to ours.



Ages 3 & 4    5 & 6    7 to 12    13 to 29    Min. 30

**REGISTER by: WEDNESDAY, DECEMBER 7<sup>th</sup>**

Please Register online at: [www.manna.us/test](http://www.manna.us/test) or at Manna's

A \$20.00 late fee will be applied for all registrations received after December 7th

You will need the following information to register for your promotion online:

Testing Person's Name: \_\_\_\_\_

Select the:

\_\_\_\_\_ **TEST** Button

My Current Belt or Rank is:

\_\_\_\_\_

Select testing date online:

**IN PERSON SATURDAY, December 10th at HIGHLAND RANCH ELEMENTARY**

- Rank Testing Fee: \$50.00
  - Level Testing Fee: \$35.00
- MULTIPURPOSE ROOM**

**IN PERSON WEDNESDAY, December 14th, 5:30 PM at Manna's MA**

- Rank Testing Fee: \$70.00
- Level Testing Fee: \$55.00

## SATURDAY - DECEMBER 10th, 2022 Promotion, Rank Test & Exhibition HIGHLAND RANCH ELEMENTARY/MP ROOM

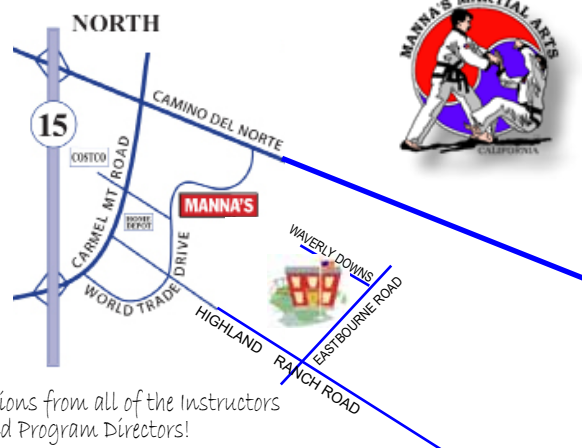
14840 Waverly Downs Way, San Diego, CA 92128

**IN PERSON**

YOUR TESTING GROUP IS	TEST TIME	DEPART AT
<input type="checkbox"/> GREEN BELTS	9:00 AM	1 PM
<input type="checkbox"/> BLUE BELTS	9:00 AM	1 PM
<input type="checkbox"/> RED BELTS	9:00 AM	1 PM
<input type="checkbox"/> ALL SONGIN RANKS	9:00 AM	1 PM
<input type="checkbox"/> WHITE BELTS	10:15 AM	1 PM
<input type="checkbox"/> ORANGE BELTS	10:15 AM	1 PM
<input type="checkbox"/> TINY TIGERS	11 AM	1 PM
<input type="checkbox"/> LITTLE DRAGONS	11 AM	1 PM

**Black Belt Presentation and Exhibition**

11:30AM to 1PM



Congratulations from all of the Instructors and Program Directors!



Ko Dan Ja Pictured above left to right: Lexy Stanley/4th Dan, Sr. Master Janet Manna, Grandmaster Manna, Sr. Master Chris Brandt, Master Sahar Mesri, & Ralph Morales/4th Dan.